

**DIRECTIONS TO
The Westchester Marriott
670 White Plains Road, Tarrytown, NY 10591
(914) 631-2200**

From the East and South: All major arteries (684, Merritt Parkway, Hutchinson River Parkway, Bronx River Parkway to the Sprain Brook Parkway, I-95, Saw Mill Parkway, Major Deegan Expressway) intersect with the Cross Westchester Expressway (I-287): Go West on 287 to exit 1 and go right onto Route 119 (West), move to the extreme left lane, as you will be making a U-turn at the first light onto Route 119 (East). Make 1st right into the Westchester Marriott Hotel.

From Route 9: Follow signs for Route 119 East (opposite the Tappan Zee Bridge). Go approximately 2 miles and 670 White Plains Road will be on your right, just after the Sheraton Hotel and the beige pyramid/odd shaped building.

From the West: Go over the Tappan Zee Bridge. After the toll plaza, take the first exit, which brings you to Route 9, directly across from the DoubleTree Hotel. Turn right at the light onto Route 9 (North). After a short distance, turn right onto 119 (East) and go about a mile. The entrance to 670 White Plains Road is just past the light on the right, after the Sheraton Hotel and the beige pyramid/odd shaped building.

From the Saw Mill Pkwy, going North: Take Exit 21W for Route 119 West toward Tarrytown, which puts you onto White Plains Rd. Turn right onto Route 119 (White Plains Rd.). Move to the left lane, as you will be making a U-turn at the light onto Route 119 (East). Make 1st right into the Westchester Marriott Hotel.

From the Saw Mill Pkwy, going South: Take Exit 22 for I-287 West toward the Thruway. Immediately stay to the right and take the ramp for Route 119 Tarrytown. Merge right onto 119 (West), White Plains Road toward Tarrytown. And immediately move into the left lane and make a U-turn at the light onto Route 119 (East). Make 1st right into the Westchester Marriott Hotel.

REGISTRATION

Registration Fee: \$95.00 (Lunch included)

Make check payable to: **Student Assistance Services Foundation**

Mail to: Student Assistance Services, 660 White Plains Road, Tarrytown, NY 10591 **OR** register online with a credit card at www.sascorp.org, **OR** fax with credit card information to 914-366-8826

VISA MasterCard AMEX

Card # _____ Exp. Date _____

Signature: _____

Home Address Work Address

Name _____ Check for Vegan and Gluten Free meal

Agency/School _____

Address _____

City _____ State _____ Zip _____

Email _____

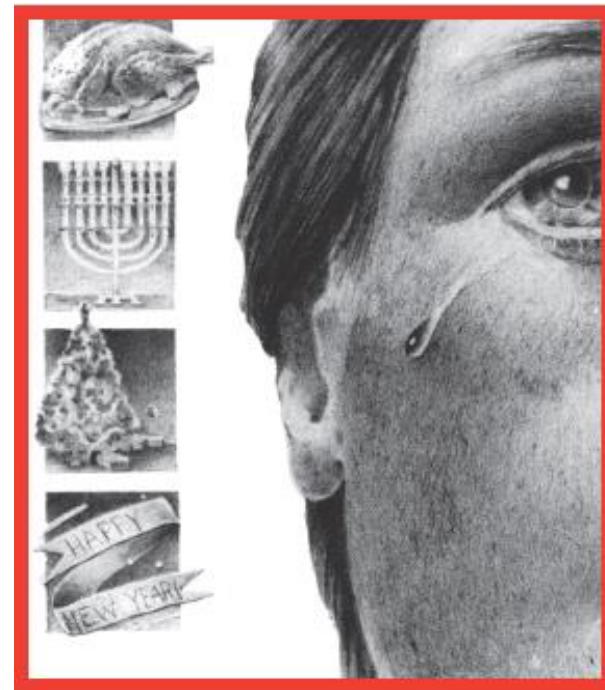
Day Phone# _____ Phone# for weather cancellation: _____

SW CE hrs.NY LMSW LCSW Lic. # _____
 LMHC

CEUs PENDING: 6 CEU hours provided by NYSED, the Office of the State Board of Social Work for LCSWs /LMSWs; 6 CEU hours by NYSED Board of Mental Health Practitioners for LMHCs. PENDING Approval for 6 CEU hours by NYS OASAS for CASAC/CP/CPS re-credentialing and CPP/CPS credentialing hours

Student Assistance Services
660 White Plains Road
Tarrytown, NY 10591

**WHEN THE HOLIDAYS AREN'T SO HAPPY
24TH ANNUAL CONFERENCE**



**Marijuana Use:
Implications and Clinical Interventions for
Adolescents and Young Adults**

December 7, 2017

8:15am to 3:15pm

(7:45 Registration & Coffee)

Westchester Marriott

670 White Plains Road, Tarrytown, NY 10591

Sponsors

Student Assistance Services Corporation

The Counseling Center at Yorktown Heights

Four Winds Hospital

CEUs PENDING: 6 CEU hours provided by NYSED, the Office of the State Board of Social Work for LCSWs /LMSWs; 6 CEU hours by NYSED Board of Mental Health Practitioners for LMHCs. **PENDING Approval** for 6 CEU hours by NYS OASAS for CASAC/CP/CPS re-credentialing and CPP/CPS credentialing hours

SAS is a contract agency of the Westchester County Dept. of Community Mental Health, Office of Drug Prevention and STOP DWI, and Youth Bureau



Holidays are supposed to be happy, but for many families they are not because they are worried about an adolescent's or young adult's marijuana use. For some families, concern about marijuana use is even greater because of a family history of a substance use and/or mental health disorder. This conference for professionals will provide the latest information on the implications of adolescent and young adult marijuana use and specific strategies to respond to them and their families.

7:45 REGISTRATION & COFFEE

8:15 WELCOME

8:30 Starting with Marijuana, Dying from Heroin

Jeffrey Veatch, President of The Justin Veatch Fund.

8:45 The Impact of Marijuana Use On Student Achievement

This presentation will explain how youth marijuana use impacts communication skills, motivation, GPA, standardized testing, IQ, and high school and college graduation rates. The relationships between these factors and marijuana and other drug use and mental health disorders in adolescents and young adults will also be discussed.

Amelia M. Arria, Ph.D., Associate Professor, Director, Center on Young Adult Health and Development, Department of Behavioral and Community Health, University of Maryland School of Public Health.

10:30 The Relationship between Marijuana and Mental Health: Clinical Concerns and Emerging Strategies for Treating Cannabis Use Disorder

Acute and Long term cannabis exposure can have several unintended consequences in healthy people as well as individuals with psychiatric illnesses. Further, youth often seek information regarding the medicinal potential of cannabis and clinicians need to be informed on the current data on possible benefits and the associated risks. This presentation will explain how the THC to CBD ratio, genetics, age of use and other factors impact the relationship between marijuana use and mental health. Emerging strategies for managing marijuana withdrawal and motivating marijuana users to achieve and sustain abstinence will also be presented.

Mohini Ranganathan, MD, Assistant Professor, Department of Psychiatry, Yale University School of Medicine; Psychiatrist, VA Connecticut Healthcare System

Note: **Must attend entire day to receive CEUs. No registration confirmation will be sent.**

12:00 – 12:45 LUNCH (provided)

12:45 Cultural Considerations in Preventing and Reducing Marijuana Use Among Adolescents

Acculturation, income, cultural values, stereotypes, and family attitudes are just some of the factors that impact youth substance use. This presentation will focus on how to include these factor in effective substance use prevention and intervention strategies with youth.

Lynn Hernandez, Ph.D., Assistant Professor of Behavioral and Social Sciences, Center for Alcohol and Addiction Studies, School of Public Health; and Director of University Inclusion Programs, Office of Institutional Equity and Diversity, Brown University.

2:00 Helping Parents Set Limits and Engage in Treatment

Parenting teens who use marijuana can be challenging especially when parents disagree. This presentation will discuss factors in parenting styles and clinical strategies for honoring parents' expertise to implement successful strength based strategies that facilitate healthier adolescent behavior and treatment engagement.

Lorraine Chastant, LMFT, Faculty member, Family Institute of Westchester

3:15 CERTIFICATES OF ATTENDANCE will be distributed.

CONFERENCE FEE: \$95.00 (includes lunch). Discounts available for staff members from the same agency or school registering at the same time. For information call Student Assistance Services at 914-332-1300 or www.sascorp.org. All proceeds benefit Student Assistance Services. **No refunds will be made after December 1, 2017.**

SPONSORS

STUDENT ASSISTANCE SERVICES (SAS) is a private, non-profit, tax exempt corporation that operates the Student Assistance/Project SUCCESS Program, the Reduce Our Adolescent Drinking/Drugging and Driving (ROADD) Program, the Employee Assistance Program Services, the Bullying Prevention Program, the Alcohol & Marijuana Awareness Program, and the Intervention Service for facilitating treatment involvement. SAS also provides training and consultation on bullying prevention and adolescent alcohol and drug issues for schools, and professional and community groups and organizations. SAS currently implements programs in over 40 Westchester County schools. In addition, SAS' programs have been replicated in fourteen other counties in New York State, in 30 states, and in Canada. For information call 914-332-1300 or visit our website at www.sascorp.org.

THE COUNSELING CENTER AT YORKTOWN HEIGHTS is the newest program of a growing multi-state company of outpatient addiction treatment centers assisting adults, young adults and adolescents seeking help for addiction and co-occurring disorders associated with substance use. The Intensive Outpatient Program (IOP) combines evidence-based, state of the art treatment with recovery oriented approaches and supports, offering adjunct services such as peer mentoring and encouraging 12 Step involvement. The IOP is designed to enable sober and productive living by providing a comprehensive and holistic method to treating the entire individual, not just the symptom. Step down services such as non-intensive and aftercare programming, family and significant other counseling, and ancillary support services are all provided as part of a continuum of care. We have solid relationships with community/y based and other providers and provide great customer service, individualized attention, and treatment in a comfortable environment; always emphasizing dignity and respect. Calls are taken 24/7 and "no call for help goes unanswered!" For more information contact: Tom Roskin, Outreach Coordinator, The Counseling Center at Yorktown Heights, 2000 Maple Hill, Yorktown, NY 10598; Tel. 914-629-0671, Fax 914-962-5102 <https://yorktowncounselingcenter.com/>.

FOUR WINDS HOSPITAL provides inpatient/outpatient mental health services for children, adolescents and adults. In addition, Four Winds offers outpatient partial hospitalization for children, adolescents and adults. For further information, please call 1 (800) 528-6624 24 hours a day 7 days a week.

Student Assistance Services Corporation SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0101, and by NYSED's State Board of Mental Health Practitioners as an approved provider of Continuing Education for licensed mental health counselors #MHC-0013. CEUs PENDING: 6 CEU hours provided by NYSED, the Office of the State Board of Social Work for LCSWs /LMSWs; 6 CEU hours by NYSED Board of Mental Health Practitioners for LMHCs. PENDING Approval for 6 CEU hours by NYS OASAS for CASAC/ CPP/CPS re-credentialing and CPP/CPS credentialing hours.