

STUDENT ASSISTANCE SERVICES CORPORATION
Project SUCCESS Training
660 White Plains Road - Tarrytown, NY 10591
April 1, 2 & 3, 2019

DAY 1: 8:00am to 4:00pm

**Introductions, Overview of Schedule/Manuals, History and Philosophy of Program
Beginning the Program in the Schools**

- Developing relations with school personnel
- Outreach to students and faculty
- Meeting the community, community coalitions, parents, school committees
- Networking with appropriate agencies & groups

Universal Non-Counseling Prevention and Education Activities

- Special Days, Weeks, Months (The Great American Smokeout, National COA Week, Red Ribbon Campaign, etc.)
- Leadership Activities (SADD, VAASA)
- Newcomer Groups

Prevention Education Series

- Goals, Logistics, Content
- Role Play
- Implementation Check List

DAY 2: 8:00am to 4:00pm

Assessing and Motivating Students

- Conducting a Comprehensive Individual Assessment
- Different Strategies for Children of Substance Abusing Parents (COSAPs)
- Strategies for facilitating successful referrals
- Motivating Substance Abusers and COSAPs

Project SUCCESS Groups

- Prevention Groups: Assessment & Education; Seniors; Non-Users; Sibling
- Intervention Groups: Abusers; Parents, Peers, Partying; Recovering students

Parent involvement

Intervention and Self Help

DAY 3: 8:00am to 3:00pm

Children of Alcoholics and Other Substance Abusing Parents (COSAPs)

- Characteristics
- Service Options
- Identification, Assessment, Engagement
- Groups for COSAPS; using Alateen
- When Parents Become Abstinent

Program Modifications and Program Fidelity

Program Management Techniques

- Data Collection Logs, Monthly reporting forms, Evaluation

Questions and Wrap-up