Student Assistance Services 660 White Plains Road Tarrytown, NY 10591

# FIRST REGIONAL CONFERENCE ON BULLYING



# **Bullying Prevention:** Good Intentions Are Not Enough

February 2, 2011 (Snow date February 3<sup>rd</sup>)

8:30 am to 3:00 pm

Abigail Kirsch Tappan Hill, Tarrytown, NY

Sponsored by Student Assistance Services Corp., Southern Westchester BOCES, Westchester District Attorney's Office, The Journal News



SAS is a contract agency of the Westchester County Dept. of Community Mental Health, and STOP DWI Program





JANET DIFIORE, Westchester County District Attorney

#### 8:30 – 9:00 Registration & Coffee

# 9:00 – 12:30 Morning Program

NY State's Bullying Prevention Law and Efforts - *Kim McLaughlin, MS Ed, CAS, CHES, Director Student Support Services Center of the Genesee Valley Educational Partnership, NY State Coordinator for the Olweus Bullying Prevention Program* This presentation will describe NY State's efforts to support bullying prevention in elementary and secondary schools and what supports are available to implement the Olweus Bullying Prevention Program. Learn how bullying can be addressed through the Dignity for all Students Act, which the Governor signed into law and which will go into effect in July 2012.

#### Bullying Prevention: Myths, Misconceptions, & School Based Strategies -

Jane Riese, LSW, Director of Training for the Olweus Bullying Prevention Program (OBPP); Research Associate with Clemson University's Family and Neighborhood Life; Co-author The OBPP Trainer's Manual, The OBPP School wide Guide and Teacher Guide, Class Meetings that Matter Grades 6-8, and Grades K-5

Bullying is the most frequent form of aggressive behavior, but not all aggressive behavior is bullying. Effective bullying prevention and intervention requires a distinct body of knowledge and skills. This presentation will examine findings from the largest national database on bullying among U.S. students and key issues critical to preventing, reducing, and effectively intervening in bullying situations. While research and knowledge about bullying prevention have come a long way since Columbine, myths and misconceptions persist. Strategies for developing and sustaining effective bullying prevention programs will be provided.

When Bullying Becomes a Crime – *Janet DiFiore, Westchester County District Attorney* Learn what options can be provided by the police, and Family and Criminal Court system.

**Principals Panel:** *Yigal Joseph, Columbus Elem. School, New Rochelle; Linda Grimm, Mildred Strang MS, Yorktown; and Andrew Selesnick, Horace Greeley HS, Chappaqua* Learn how schools are addressing bullying at different ages and stages.

#### 12:30 – 1: 30 Light Lunch Provided

#### 1:30 – 3:00 Workshops

**1. Developing Policies Consistent with the New NYS Bullying Prevention Law** – *Isabel Burk, MS, CHES, Southern Westchester BOCES:* Policies are more than paper; they broadcast your priorities to the public. Prepare for policy needs relevant to the *Dignity for All Act*, discover three common pitfalls to avoid, and learn strategies for efficient, effective policy implementation.

**2. Bullying, Victimization and Traumatic Symptomotology** – *Michele Laaksonen, MS, MA, Victims Assistance Services of WestCOP:* This workshop will discuss the psychological, social, and developmental effects that experiencing or witnessing bullying, cyberbullying, and interpersonal violence can have on children and adolescents. Emphasis will be given on recognizing these effects, mediators of these effects, and interventions.

**3.** Recognizing & Responding to Risk of Suicide When Youth are Bullied – Barbara Bernstein, Ph.D, MPH, Mental Health Association of Westchester; Co-Chair, NYS Suicide Intervention Skills Trainers Consortium: This workshop will examine the link between bullying and risk of suicide, take a fresh look at the concept of "warning signs", and offer ways to engage youth who may be at risk of suicide to determine when a comprehensive assessment is needed. Information about local resources will be provided.

**4. Olweus 101** - *Jane Riese, LSW, and Andrea Fallick, LCSW, Student Assistance Services:* This workshop will describe the Olweus Bullying Prevention Program, a world renowned, researched based model program. Learn how the school wide, classroom, individual, and community level components of this program combine the efforts of staff, students, parents and other community members to reduce, prevent and intervene in bullying situations in elementary, middle and high schools.

**5.** Cyberbullying – *Susan Brownbill Vega, Esq., Westchester County District Attorney's Office; and Cindie Walline, LMSW, Student Assistance Services:* Learn how cyberbullying differs from traditional bullying, the potential impact on children, and prevention and intervention strategies. The legal implications for children and schools and how to educate students to safely use new technologies will be discussed in detail.

#### DIRECTIONS to Abigail Kirsch at Tappan Hill, Tarrytown, NY 10591 - (914) 631-3030

*From Upstate New York and New Jersey:* from the Tappan Zee Bridge take first exit, Tarrytown. At end of ramp turn right onto Broadway (Rt. 9N. At 4<sup>th</sup> light make right onto Benedict Ave. At 2<sup>nd</sup> light turn left onto Highland Ave. (street runs as Prospect to right). At first stop sign, Tappan Hill entrance is on left.

*From Connecticut: Merritt Parkway or I-95 South to Cross Westchester (287 West).* At exit 1 bear right onto Route 119 West. Just before the 2<sup>nd</sup> light, turn right onto Benedict Ave. At fourth light turn right onto Highland Avenue (street runs as Prospect to left). At first stop sign, Tappan Hill entrance is on your left.

*From New York City*: North on I-87 to exit 7A (Saw Mill River Parkway). Continue North on Saw Mill to exit 21W (119 West Tarrytown). Turn right onto Route 119. Continue through 5 lights then bear right onto Benedict Avenue. Follow remaining directions from Connecticut.

*From Northern Westchester/Putnam/Dutchess*: Saw Mill River Parkway or I-684 South to Cross Westchester Expressway (287 West). Follow remaining directions from CT.

Note: No	registration of	confirmation will	be sent. No re	efunds will b	be made after	January 28 <sup>th</sup> .

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# REGISTRATION

Registration Fee: \$40 (Coffee & Light lunch included)

Make check payable and mail to: Student Assistance Services Foundation,

660 White Plains R	d, Tarrytown, NY 10591	
	Email:	

Zip

Agency/School
Address
City

Name

State

Daytime Phone #	# for snow cancellation
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Workshop Choice: \_\_1 \_\_2 \_\_3 \_\_4 \_\_5 Do you require a vegetarian meal \_