

REGISTRATION

Registration Fee: \$95 (Lunch included)

Make check payable to: **Student Assistance Services Foundation. Mail to:** Student Assistance Services, 660 White Plains Road, Tarrytown, NY 10591 **OR** register online with a credit card at www.sascorp.org, **OR** fax with credit card information to 914-366-8826

VISA MasterCard AMEX

Card # _____

Exp. Date _____ Security Code _____

Signature: _____

Check for Vegan & Gluten Free Meal

Name: _____

Agency/School: _____

Address: Home Address Work Address :

City, State, Zip: _____

Email: _____

Day Phone # _____

Emergency Phone for bad weather # _____

NY SW/LMHC/LMFT CEUs

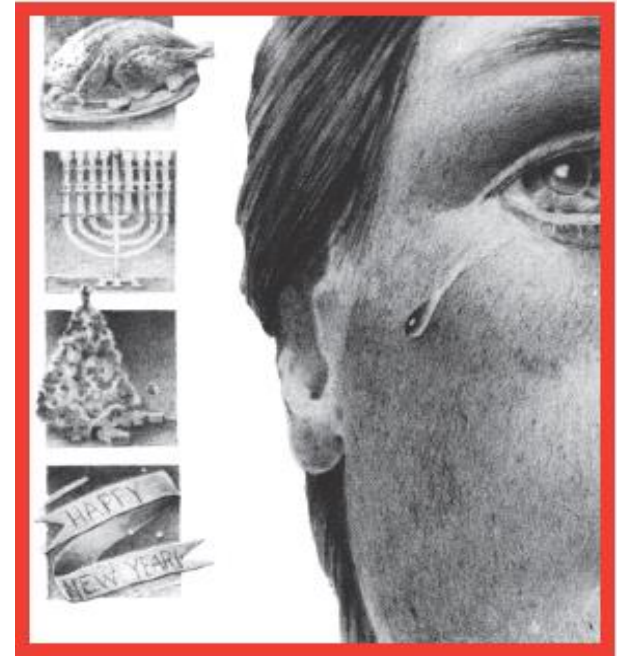
LMSW LCSW LMHC LMFT

License #

APPROVED: 6 CEU hours provided by NYSED, the Office of the State Board of Social Work for LCSWs/LMSWs; 6 CEU hours by NYSED Board of Mental Health Practitioners for LMHCs, and LMFTs. APPROVAL PENDING for 6 CEU hours by NYS OASAS for CASAC/CP/CPS re-credentialing and CPP/CPS credentialing hours

Student Assistance Services
660 White Plains Road
Tarrytown, NY 10591

Student Assistance Services Corporation
WHEN THE HOLIDAYS AREN'T SO HAPPY
26TH ANNUAL CONFERENCE



*Addressing Adolescent Marijuana Use & Vaping:
Clinical and Community Strategies*

Thursday, December 12, 2019

8:15am to 3:15pm
(7:45 Registration & Coffee)

Westchester Marriott
670 White Plains Road, Tarrytown, NY 10591

Co-sponsors:
The Counseling Center at Yorktown Heights,
Four Winds Hospital, Mountainside Treatment Center, and
Newport Academy

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Holidays can be impacted by youth vaping and marijuana use. This conference will provide the latest information and clinical and community strategies to address these issues.

7:45 REGISTRATION & COFFEE

8:15 – 8:30 WELCOME

Treating Adolescents with a Marijuana Use Disorder

Increased availability, more potent forms of marijuana, and new marijuana delivery methods such as vaping have led to increased heavy marijuana use among adolescents. This presentation will provide evidence based clinical strategies along with the challenges in working with this population. Marijuana addiction and withdrawal, co-occurring disorders including marijuana induced permanent and temporary cognitive, learning, and mental health issues; the use of medication and toxicology testing, interactions with alcohol and other drugs including nicotine, managing internal and external cues and triggers to promote recovery, and parental marijuana use will be discussed. Case examples will illustrate how motivational interviewing and CBT can be adapted to address these issues with teens.

Paula Riggs, MD, board certified Child and Adolescent Psychiatrist; Director, Div. of Substance Dependence, Dept. of Psychiatry, Univ. of CO School of Medicine; nationally known for her research and clinical expertise in adolescents with co-occurring psychiatric and substance use disorders including the first large scale National Institutes of Health funded pharmacotherapy and behavioral intervention trial leading to the first integrated mental health and substance abuse program for these youth; author of over 60 peer reviewed journal articles, book chapters and other publications on adolescents, substance use, and treatment.

The Health Consequences of Adolescent Vaping

This presentation will provide the latest research on the negative impact of vaping on adolescent health. The array of concerning health effects of nicotine dependence, the associated emerging pulmonary problems related to vaping use, and recommended treatments will be discussed. Specific information on the types of vaping devices and the concerns about the specific chemicals found in vaping solutions as well as the potential for use of other illicit substances, such as marijuana, and their health implications will be addressed.

Amy Brown, MD MBe is board certified in General Pediatrics and Pediatric Pulmonology, an attending physician in Pediatric Pulmonology at Maria Fareri Children's Hospital at Westchester Medical Center; Assistant Professor of Pediatrics at NY Medical College; and in private practice with Boston Children's Health Physicians in Valhalla. She is a current NYS Children's Environmental Health Scholar.

12:00 – 12:45 LUNCH (provided)

Community Approaches to Prevention

Limiting access to substances and creating social norms regarding the unacceptability of underage drinking and youth substance use are important factors in substance abuse prevention. This presentation will describe how community members can work together to impact these factors. The roles of local government, schools, law enforcement, faith based organizations, health care, parent groups, and other community organizations working together for substance abuse prevention will be described.

Will Jones, Washington D.C. firefighter and EMT; Communications and Outreach Associate at Smart Approaches to Marijuana (SAM); community activist working on issues of social justice; featured in numerous news outlets including NBC, CBS, BBC, Al Jazeera. C-span, the Washington Post, Huffington Post, and Associated Press.

Understanding Cannabidiol (CBD)

Widespread legal marketing and availability of products containing CBD have caused confusion about the differences between CBD in marijuana and CBD in hemp. This presentation will discuss the differences between these two forms of CBD, the latest research, and the relationship between CBD and mental health.

Gregory Bunt, MD Assistant Clinical Professor of Psychiatry, NYU Medical School; Medical Dir. Samaritan Village; Past President of the NY Society of Addiction Medicine.

3:15 CERTIFICATES OF ATTENDANCE DISTRIBUTED FOR FULL DAY ATTENDANCE ONLY. Must attend entire day to receive CEUs

No registration confirmation will be sent. No refunds will be made after December 4, 2019. CONFERENCE FEE: \$95 (includes lunch). For information call Student Assistance Services at 914-332-1300 or www.sascorp.org. All proceeds benefit Student Assistance Services.

Student Assistance Services SW CPE is recognized by the NYSED State Board for Social Work as an approved provider of continuing education for licensed social workers #0101, and by NYSED's State Board of Mental Health Practitioners as an approved provider of Continuing Education for licensed mental health counselors #MHC-0013 and for licensed marriage and family therapists #MFT-0074.

STUDENT ASSISTANCE SERVICES (SAS) is a private, non-profit, tax exempt corporation that operates a licensed Mental Health Clinic, the Student Assistance/Project SUCCESS Program, the Reduce Our Adolescent Drinking/Drugging and Driving (ROADD) Program, the Employee Assistance Program Services, the Bullying Prevention Program, the Alcohol & Marijuana Awareness Program, the Strengthening Families Program, and the Intervention Service for facilitating treatment involvement. SAS provides training and consultation on bullying and adolescent alcohol and drug issues for schools, professionals, and community groups and organizations. SAS implements programs in over 50 Westchester County schools. SAS programs have been replicated in schools in 14 other counties in NYS and 30 states. For information call 914-332-1300 or visit our website at www.sascorp.org.

CO-SPONSORS

THE COUNSELING CENTER AT YORKTOWN HEIGHTS is the newest program of a growing multi-state company of outpatient addiction treatment centers assisting adults, young adults and adolescents seeking help for addiction and co-occurring disorders associated with substance use. The Intensive Outpatient Program (IOP) enables sober and productive living by providing a comprehensive and holistic method to treating the entire individual, not just the symptom. Calls are taken 24/7 and "no call for help goes unanswered!" For more information contact: Tom Roskin, Outreach Coordinator, The Counseling Center at Yorktown Heights, 2000 Maple Hill, Yorktown, NY 10598; For information call 914-629-0671, Fax 914-962-5102. <https://yorktowncounselingcenter.com>

FOUR WINDS WESTCHESTER, located 50 minutes north of midtown Manhattan, provides inpatient and outpatient mental health treatment services for children, adolescents and adults. We are the leading specialized providers of inpatient psychiatric treatment for children, adolescents and adults in the Northeast. For information call 1 (800) 528-6624 24 hours a day, 7 days a week or visit our website www.fourwindshospital.com

MOUNTAINSIDE TREATMENT CENTER is a nationally acclaimed, alcohol and drug rehabilitation center for adults with dual accreditation from CARF & The Joint Commission plus NYS OASAS licensure, providing innovative and comprehensive addiction treatment, for healing — mind, body, and spirit. **Adolescent Outpatient Services Family Therapy** for teens ages 14 to 18 prepares teens for peer pressure, internal conflicts, and academics as they recover from substance use disorder. Focusing on individual needs, weaknesses, and strengths, we teach positive decision making, refusal strategies, and coping skills for maintaining sobriety. For Information call 203-219-2800, Thea.Ross@mountainside.com, 480 North Bedford Rd, Chappaqua, NY 10514, www.mountainside.com

NEWPORT ACADEMY is a series of evidence-based healing centers for adolescents and families struggling with mental health issues, eating disorders, and substance abuse. We offer a compassionate, family-systems approach providing gender-specific, holistic programs that encompass clinical therapy, academic support, and experiential practices. Our primary mission is to empower teens and restore families. For information call Carter Barnhart, cell 610-213-4191, cbarnhart@newportacademy.com, 1-877-628-3367. Locations: www.newportacademy.com