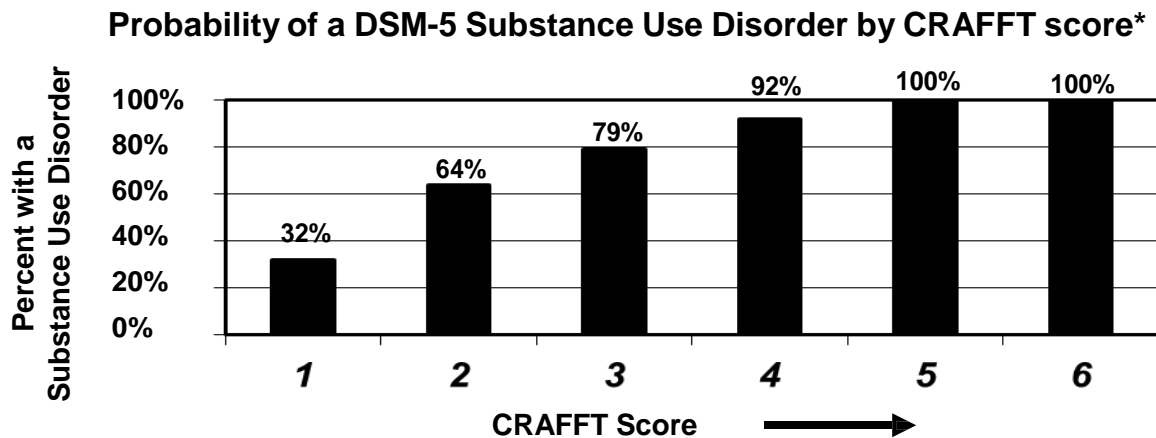


1. Show your patient his/her score on this graph and discuss level of risk for a substance use disorder.



*Data source: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O'Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a reevaluation and reexamination. *Substance Abuse*, 35(4), 376–80.

2. Use these talking points for brief counseling.



1. **REVIEW** screening results

For each “yes” response: *“Can you tell me more about that?”*



2. **RECOMMEND** not to use

“As your doctor (nurse/health care provider), my recommendation is not to use any alcohol, marijuana or other drug because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations.”



3. **RIDING/DRIVING** risk counseling

“Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents/guardians to create a plan for safe rides home.”



4. **RESPONSE** elicit self-motivational statements

Non-users: *“If someone asked you why you don’t drink or use drugs, what would you say?”* Users: *“What would be some of the benefits of not using?”*



5. **REINFORCE** self-efficacy

“I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals.”

3. Give patient **Contract for Life**. Available at www.crafft.org/contract

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