

6th Annual Prevention Conference
The Intersection of Mental Health, Substance Use and COVID-19
Friday, May 21, 2021
9:30am – 12:30pm
Virtual Event

Substance Use and Adolescents During COVID-19 This presentation will examine the impact COVID-19 has had on adolescent substance use, trends, the need for integrated treatment for adolescents with substance use disorder, as well as challenges and opportunities related to the delivery of substance use disorder treatment delivery as a result of the global pandemic.



Sharon Levy, MD, MPH is a Developmental-Behavioral Pediatrician, Addiction Medicine specialist, Director of the Adolescent Substance Use and Addiction Program at Boston Children's Hospital and Associate Professor at Harvard Medical School. Over the past 20 years she has evaluated and treated thousands of adolescents with substance use disorders, and she has written extensively on the topic. In 2016 she established the nation's first accredited Pediatric Addiction Medicine Fellowship training program. She has expertise in the integration of substance use treatment services into pediatric primary care.

The Impact on Adolescent Mental Health During COVID-19 This presentation will identify how COVID-19 has affected the mental health of our youth; distinguish between typical youth behaviors and behaviors that indicate more serious mental health conditions; facilitate the development of resilience and adaptable coping mechanisms within youth; identify what works and does not work with our youth based on their feedback; and explore strategies to address stress related behaviors in order to assist our youth in navigating these unprecedented times.



Pamela J. (PJ) Wenger, LPC, NBCC, MFT, Ed.S., MA, M.Ed., is a licensed professional counselor with over 15 years of experience working as a school guidance counselor. She has also served as a trauma loss responder with the NJ Trauma Loss Coalition since 2004. Ms. Wenger has experience as a psychiatric screener, a mental health counselor, and a recreation therapist. She utilizes her extensive experience to provide dynamic professional development seminars and trainings on topics such as Youth Mental Health First Aid, QPR – Suicide Prevention Program, Sandplay Therapy, trauma response to suicide and other traumatic events, and school anxiety and school refusal.

APPROVED: 3 CEU hours provided by NYSED, the Office of the State Board of Social Work for **LCSWs /LMSWs**; 3 CEU hours by NYSED Board of Mental Health Practitioners for **LMHCs, and LMFTs**. APPROVAL PENDING for 3 CEU hours by NYS OASAS for **CASAC/CPP/CPS** re-credentialing and CPP/CPS credentialing hours. **Must attend entire Zoom to receive CEUs.**

Student Assistance Services SW CPE is recognized by the NYSED State Board for Social Work as an approved provider of continuing education for licensed social workers #0101, and by NYSED's State Board of Mental Health Practitioners as an approved provider of Continuing Education for licensed mental health counselors #MHC-0013 and for licensed marriage and family therapists #MFT-0074.

Online registration fee is \$45. To receive a certificate, participants must arrive on time, attend the entire conference, and submit an evaluation. No certificates for partial attendance will be given. For more information, contact the Prevention Council of Putnam at (845) 225-4646 or go to <http://preventioncouncilputnam.org>. **Pre-registration and payment is required.** <https://www.eventbrite.com/e/6th-annual-prevention-conference-tickets-150801572563>.

Online Registration fee is \$45. Note: Your confirmation is the Eventbrite ticket. No refunds will be made after May 14th.

